

Diploma in Massage Therapy

36 credits

Program Description

The Massage Therapy program is designed to prepare the student to appropriately evaluate and document the client's condition and information. Identify the different therapeutic massage treatments indicated according to the condition presented by the client and / or the special population to which they belong to offer quality and excellence services. In addition to improve general wellness through touch and professional handling of patients, applying manipulation techniques, such as compression, energy touch and friction. The student will manage different types of massage techniques such as aesthetic-spa, medical-spa, energy-holistic, sports, clinical chair massage, among others allied modalities in Massage Therapy.

Program Objectives

1. Demonstrate the ability to communicate effectively as a medical therapy professional.
2. Demonstrate an understanding of human anatomy and physiology, kinesiology and pathology as related to the practice of massage therapy.
3. Exhibit an understanding of the principles of the theories of therapeutic massage and demonstrate the proper techniques of massage manipulations.
4. Demonstrate the recommended safety, hygiene and health practices for the massage therapist.
5. Exhibit an understanding of the principles of the theory of hydrotherapy and use hydrotherapy modalities.
6. Explain and appropriately apply allied modalities related to massage therapy.
7. Demonstrate knowledge of ethical practice standards and the statutes and rules of the National Certification Board of Therapeutic Massage and Bodyworks (BCETMB).
8. Demonstrate knowledge of basic business practices and standard.

Program sequence will be available at the time of enrollment.

The language of instruction and program delivery modality are subject to availability.

Program Curriculum

Course	Title	Credits
BIOT 106	Anatomy and Physiology	4
ENMT 101	Introduction to Entrepreneurial Development	3
THMC 100	Massage Introduction	3
THMC 105	Clinical Pathology	3
THMC 106	Documentation and Evaluation	2
THMC 102	Massage Therapy I	3
THMC 108	Massage Therapy II	3
THMC 115	Massage to Special Populations	3
THMC 113	Structural Kinesiology	3
THMC 110	Allied Modalities in Massage Therapy	5
THMC 116	Clinical Therapeutic Massage Seminar	2
THMC 117	Clinical Practice	2
Total credits		36